

Doctors Advice

The Nurse's Healthcare Ethics Committee Handbook
How Yin Yoga Healed My Student's Knee
Creating & Sustaining Civility in Nursing Education, 2nd Ed.
Johns Hopkins Nursing Professional Practice Model: Strategies to Advance Nursing Excellence
Etiquette & Communication Strategies for Nurses, Third Edition
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Motivations for physical activity
Consequences of the COVID-19 Pandemic on Care for Neurological Conditions
Strauss and Mayer's Emergency Department Management (eBook)
Pre-Medicine
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Diabetes
Obsessive Compulsive Disorder
Reconstruction of the Thumb and Finger
Euro Abstracts
Pharmacotherapy Principles and Practice, Seventh Edition
Africa Analysis
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The Times Index
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healthcare ethics help guide and influence the way physicians nurses and other members of the healthcare team care for patients and make decisions ethics address the moral dilemmas that arise out of conflicts with duties or obligations as well as the consequences of decision making as healthcare has continued to grow and evolve so has the way healthcare ethics are handled

nurses are uniquely positioned to serve as leaders in healthcare ethics because they are intricately involved in all aspects of patient care including care coordination recommendations for plans of care provision of life sustaining interventions and patient education the nurse s healthcare ethics committee handbook focuses on a nurse led ethics consultative service authors angeline dewey and andrea holecek provide tools that nursing students professionals administrators and other members of the healthcare team need to develop infrastructure and processes that support nurses in an ethics committee leadership role filled with real life scenarios this book outlines a step by step process for nurses to evaluate ethical cases and the risks involved

your knee is in pain now you hobble out of class this is what happened to elina sinisalo massage therapist and yoga practitioner she went to yoga and hurt her knee as a therapist she worked on her knee but it never really felt right again renowned thai massage and yoga teacher training consultant gabeyoga was coming to leipzig germany to lead a thai yoga training elina enrolled in the course and had asked his opinion to her knee issue when gabeyoga suggested the pain was do to restriction still at the hip elina was not convinced gabeyoga suggested a few poses he called yin poses and said if she chose to move through them for only 3 5 min each not more than 20 min total she will feel better in less than 30 days a few months later elina emailed him to tell him that while she did not believe his assessment and took her awhile to commit to what he suggested she finally went through the sequence every day for a week before bed and elated had no pain in the knee in her favorite yoga pose that caused the problem to begin with she could not believe how yin yoga helped healed her knee how the specific sequence gabeyoga suggested was so effective and counter intuitive to what she thought

this highly anticipated fully revised second edition revisits and augments the award winning creating sustaining civility in nursing education in this comprehensive new edition author cynthia clark explores the problem of incivility within nursing academe and provides practical solutions that range from ready to use teaching tools to principles for broad based institutional change she further explores the costs and consequences of incivility its link to stress ways to identify the problem and how to craft a vision for change including bridging the gap between nursing education and practice rather than dwell on the negative this book focuses on solutions including role modeling and mentoring stress management and positive learning environments nurse educators at all levels will appreciate the variety of evidence based strategies that faculty and students can implement to promote and maintain civility and respect in the education setting including online learning

do you have a work culture that fosters collaboration stimulates innovation and empowers nurses to achieve success in exceptional

ways in Johns Hopkins nursing professional practice model strategies to advance nursing excellence authors Deborah Dang and Judith Rohde and Jeannette Suflita present a model proven to inspire professional nurses to deliver exceptional care delivery and outcomes whether you're a bedside nurse or an executive you'll learn how to adapt the Johns Hopkins nursing professional practice model to your work setting packed with exemplars self-assessment guides planning tools and lessons learned this manual guides you in creating and sustaining an environment where professional nursing practices flourish learn practical strategies to empower front-line nurses and encourage interprofessional collaboration build and implement programs that promote adaptation ownership and accountability establish practice and leadership standards structure organizations to foster leadership and advance nursing excellence with a focus on achievement caring empowerment and influence Johns Hopkins nursing professional practice model can help reshape the future of nursing

far from just raising pinkie fingers and spooning soup today's etiquette includes everything from effective networking to appropriate social media engagement to the perfect polished look for new graduates and seasoned nurses alike mastery of modern etiquette is critical to personal and professional success this revised and expanded third edition of *Etiquette: Communication Strategies for Nurses* will help you increase your confidence enhance your reputation and focus your career aspirations filled with practical tips avoidable faux pas and informative Q&As this book will help you new plan an engaging and impactful presentation new boost your career by writing an article new use a leadership strategy to achieve your personal and professional goals interview successfully for a new position dine with confidence in any business or social setting increase your comfort with business travel manage online and social media interactions safely and professionally interact with everyone from executives to subordinates with grace and polish regardless of the setting or situation moderate productive meetings thrive not just survive in culturally diverse interactions

this updated volume on clinical forensic medicine covers the topics required for forensic healthcare professionals working in general forensic medicine and sexual offence medicine all chapters have been reviewed and revised to reflect how the provision of forensic medical services has changed since the previous edition with multidisciplinary teams working in the custodial environment comprising doctors nurses and paramedics and those practitioners providing sexual offence examinations new and updated topics include the increasing importance of photo documentation by health care professionals updated information on strangulation torture a review of bite mark injuries the explosion of novel psychoactive substances worldwide the changing patterns of deaths in custody and deaths following police contact and the introduction in various jurisdictions of legal limits for drugs based on zero tolerance or a risk-based approach written by a team of experts the new edition of this book is a valuable resource for forensic healthcare

professionals including doctors nurses and paramedics working in general forensic medicine and sexual offence medicine as well as emergency physicians pediatricians and gynaecologists

physical activity engagement is a complex and multifaceted phenomenon driven by a variety of motivations this research topic seeks to advance our understanding of the factors that inspire individuals to participate in physical activity the collection of papers in this volume aims to shed new light on this topic offering fresh insights into motivational aspects with this collection we hope to offer valuable insights into the complex realm of motivations for physical activity and underscore the significance of individual characteristics social and cultural factors and environmental influences in shaping exercise behaviors our goal is also to highlight research findings that hold implications for the promotion of physical activity across various populations including college students older adults and those impacted by the covid 19 pandemic we welcome submissions from a broad range of topics including but not limited to the correlation between self control and exercise the motives behind physical activity among university students the impact of covid 19 on youth s engagement in physical activity barriers and facilitations in undertaking physical activity attitude and motivation to change in health behaviors related to physical activity the role of preferences and interests in undertaking physical activity development and validation of tools to measure motivation for physical activity relationships between motivation for physical activity and core self evaluations including self esteem self efficacy locus of control neuroticism and traits of personality and temperament motivation for physical activity of various social groups including school children adolescents emerging adults middle aged adults older people individuals with chronic diseases and people with mental disorders motivation for physical activity and other pro health behaviors e g healthy diet preventive behaviors taking care of emotional and mental balance adequate amount of sleep and rest and anti health behaviors e g smoking binge drinking substance abuse risky sexual behaviors the role of social media and applications in electronic devices e g smartphones and watches in motivating people for physical activity gender differences in motivation for physical activity and healthy lifestyle impact of positive emotions optimism and hope in shaping motivation for physical activity affective evaluation in physical activity engagement effort optimization motivation and physical activity executive functions mediating motivation to participate in physical activity neural correlates involved in motivation for physical activity researchers and scholars are invited to submit their original research to contribute to this research topic additionally we also welcome brief research reports clinical trials systematic reviews reviews mini reviews theoretical articles and methods by delving into the motivations that drive physical activity participation we can advance our understanding of this vital area and inform strategies for promoting and sustaining active lifestyles

a comprehensive practical text on effectively running an emergency department emergency department management is a real world pragmatic guide designed to help emergency department managers efficiently handle the many complex issues that arise in this challenging clinical environment written by professionals who have spent their entire careers in the service of emergency department patients this unique text delivers practical solutions to virtually any problem that may arise in running an emergency department or acute care center complete expert coverage of every important management topic including leadership principles operations informatics quality and service finance reimbursement contracts legal and regulatory issues malpractice human resources emergency department management offers the guidance and expertise required to deliver consistent rapid high quality care it is the single best resource available to help you navigate the leadership challenges that arise daily in the emergency department

the one stop comprehensive resource for students considering a career in medicine in recent years applying to and getting accepted to medical schools in the u s has become increasingly difficult in 2020 2021 only 38 of the 53 370 students who applied to u s medical schools were accepted for the most prestigious medical schools the acceptance rate was just 1 4 2 pre medicine the complete guide for aspiring doctors by joel thomas phillip wagner ray funahashi and nitin agarwal is a comprehensive roadmap that guides aspiring physicians through the rigorous process of preparing for and getting into medical school in the u s by bringing together multiple authors with different life experiences and perspectives this unique book has broad appeal to students from diverse backgrounds the text is organized by five sections the pre med primer succeeding as a pre medical student applying to medical school medical school and career insights and an appendix this invaluable resource tackles challenging topics and addresses uncomfortable questions that necessitate engagement with multiple opposing viewpoints and careful data analysis the first and foremost goal of this book is to provide essential information to individuals that need it to succeed in their pre med and medical school journey key features authors graduated from the u s news top 20 medical schools and or trained at a doximity top 20 residency program demystifies the lengthy and confusing medical school application process providing practical advice and evidence based strategies for successfully tackling each step starting in high school provides readers with a realistic and honest picture of the daily challenges and rewards that aspiring physicians face from pre med to residency this is a must have resource for anyone who is considering a career in medicine the no holds barred insights shared in this book will greatly optimize the chance of medical school applicants gaining admission to their top choice

nearly 19 million people suffer from diabetes but one third of them are not even aware of their problem are you at risk recognising

and diagnosing diabetes in time is like winning half the battle against it a sustained management then can easily control diabetes but control should not be mistaken for cure diabetes is a progressive disease and even a slight laxity in its control can prove dangerous this book will prove to be a potent weapon in your fight to control diabetes know your blood sugar level check it regularly treat diabetes with respect exercise and weight control to manage it

obsessive compulsive disorder ocd remains one of the most challenging disorders of the brain contemporary conceptualization and therapeutic strategies are undergoing a revolution as a result of new insights derived from modern technological advances this book was conceived in order to present this revolution to the reader it covers current theories regarding the etiology of ocd what is known about the genetics of this disorder evidence from neuroimaging and a discussion of potential endophenotypes there is an evaluation of current treatment approaches for the disorder encompassing psychological psychopharmacological and physical interventions as well as a discussion of treatment resistance the book considers methodological issues plus reviews of ocd in pediatric populations a summary chapter highlights some potential research avenues in a discussion of the future directions in ocd rather than provide comprehensive coverage repeating material from standard psychiatry textbooks this book focuses on recent information and its application distinguishing it from other titles if you work in children with ocd if you are interested in genetics neurocognition or brain imaging if you work with patients and would like to improve your assessment in ocd and ocd spectrum disorders to update your therapeutic strategies and to get a handle on cutting edge developments in this intriguing field if you are planning a research project in ocd and would like to get some hints from people who are research leaders in this field and also learn about methodological issues specific to ocd research then this book will be a valuable resource a concise overview of the current state of the art in ocd assessment and treatment including physical interventions and treatment resistance focuses on scientific advances including specific methodological issues and how they can inform and benefit clinical practice looks critically and broadly at the diagnostic classification including the ongoing revision of the two major international systems written by an a list team of experts in the field who have a track record of being engaging authors

an in depth analysis of hand surgery principles from internationally renowned hand surgeons hand surgery is a multidisciplinary pursuit that requires exceptional artistry superb skills and harmonious teamwork developed over decades of practice reconstruction of the thumb and finger is a unique resource that follows a socratic approach to teaching in a world consumed by computers it reflects 225 years of collective surgical effort by five prominent hand surgeons who have practiced from the embryonic stages of pedicle flaps and digital transposition to revascularization and free tissue transfers the differing goals techniques expectations and

collaborative approaches advocated by these masters are articulated throughout this exceptional book the first chapter provides a comprehensive overview of anatomical and functional eloquence of the hand including thorough descriptions of the musculoskeletal system principles of thumb and digit reconstruction and a detailed classification of defects traumatic loss and congenital differences of the thumb and finger are systematically divided into specific levels in 20 chapters at each interval various methods of reconstruction are presented with an emphasis on both new and older techniques chapter 20 covers elective incisions of the finger hand wrist and forearm key highlights a comparative digital defect indexing system ddi based on the surface involved the critical zone of injury or loss and a sum of tissue loss from simple to complex each case includes the treatment rationale functional anatomical loss reconstruction objectives multiple treatment options technical provisos long term outcomes and clinical pearls older clinical cases with long term data bridge the gap from older to current microvascular techniques pertinent anatomy is artfully illustrated by one of the recognized founding fathers of hand surgery the late j william littler including unpublished drawings and classic illustrations reflecting many decades of research and collaboration this authoritative medical reference is indispensable reading for novice to seasoned hand surgeons and microsurgeons it also provides a robust teaching tool for medical students and allied health personnel

an indispensable guide to the essential principles of pharmacotherapy and their application in real world clinical practice to deliver the best possible patient centered care healthcare professionals must understand how to maximize the effectiveness of medications minimize adverse reactions and promote favorable health outcomes pharmacotherapy principles and practice seventh edition provides a strong foundation of evidence based strategies to educate learners on the process of developing executing monitoring and assessing medication therapy this comprehensive guide will help you develop a sound understanding of the fundamental principles behind pharmacotherapy for various diseases this seventh edition reflects the latest findings in the field and includes a new chapter on health equity the new chapter is followed by five chapters focused on special populations pediatrics geriatrics palliative care critical care and global health and travel medicine an additional 97 predominately disease based chapters review epidemiology etiology pathophysiology clinical presentation and diagnosis nonpharmacologic therapy and pharmacologic therapy with emphasis on clear recommendations for medication selection desired outcomes dosing and patient monitoring pharmacotherapy principles and practice seventh edition features new chapter improving patient care by understanding health equity and the social determinants of structured learning objectives presented at the beginning of each chapter key concepts identified by icons highlight the disease state patient assessment and treatment patient encounters significantly revised from the

previous edition which facilitate development of critical thinking skills patient care process section modeling the joint commission of pharmacy practitioners jcpp pharmacists patient care process up to date literature citations for each chapter tables figures algorithms and defined medical abbreviations self assessment questions and answers in the online learning center valuable table of common laboratory tests and reference ranges

a fortnightly bulletin on financial and political trends

indexes the times sunday times and magazine times literary supplement times educational supplement times educational supplement scotland and the times higher education supplement

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